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Call Today for Information:
720-320-7237

www.dancingspirithorse.com

Upcoming Programs

The Sacred Heart Space of Possibility with Horse

Saturday, December 28 1:00-2:45pm

In the sacred circle of the round pen, horse invites you to step into the mystery of what may be possible on your path. To be seen and held energetically by a horse allows you to experience genuine connection, heart-felt support, and a deeper level of personal awareness and emotional intelligence, leading you to your authentic self. Join us for this unique session and connect to your Sacred Heart Space to enhance your life! [Learn More!](#)

New Year Meditation with Horses

Saturday, January 4 10am-noon

Start your new year right! Spend time in quiet meditation surrounded by the horses in a spectacular natural setting and then set intentions for the new year. Horses invite us to slow down, be present and allow our intuition and the divine to guide us. Let your spirit dance and imagine what you want the new year and new decade to be for you! [Register today!](#)

***Give yourself or someone you love the
gift of healing this holiday season!!***

**Register for a workshop currently scheduled
or buy a gift certificate
by December 24 and SAVE!**

**Register for one of the above sessions—
save 10%**

**Gift certificate for an individual coaching
session with the horses - save 10%**

**Gift certificate for a 3 session coaching with
horses package — save 15%**

**Gift certificate for a 1 day personal retreat—
save 15%**

**Call 720-320-7237 or [email Jackie](#) today for
more information and to receive your savings!**

Wisdom from my Herd

Over the last few weeks, I've been reflecting on tenacity. One definition of tenacity is this: continuing despite difficulties, opposition, or discouragement.

In transparency, this has been a challenging year for me filled with lots of change, grief, and adversity. I have needed tenacity to heal, get unstuck and move forward. The herd has shown me over and over that trust in my intuition and God helps guide me.

Their tenaciousness as they regrouped and took on new roles after losing Acacia, the herd leader, is inspiring. Bonnie's tenacious spirit keeps her vital despite blindness. We received about 28 inches of snow in the pre-Thanksgiving storm and tenacity was key. Our dog Harley leaped through the snow and created paths for me to get to the barn and chicken coop to feed. The horses made paths to get around in the paddock which was no easy task for miniature horses with snow at chest level. The snow turned to ice and it turns out so does manure, so I continue to slowly chunk away at it.

To be alive seems to require tenacity and lots of trust. Being resigned to doing things the way I always had was not an option for me as my spirit was wilting. These amazing beings model daily for me that I too am tenacious and can trust that I will be loved and supported. They encourage me to embrace my authentic self and calling and my spirit is dancing once again with love and purpose though it isn't always easy.

Maybe you have had times in your life (maybe now?) when you feel discouraged or stuck, wondering what path to take. It would be an honor for the herd and me to accompany you on your journey of discovery to embrace trust and tenacity. Or maybe you just need to know you aren't alone. Either way, I hope this message is helpful.

**Best wishes for a beautiful and
peaceful holiday season!!**

