

Summer Reflections

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Call Today for Information:
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www.dancingspirithorse.com

The herd and I have worked with several people the last few weeks who had transformational experiences that they did not expect. Sweetie, Bonnie & Clyde helped each one let go of old beliefs that kept them from moving forward in their life and old voices that kept them stuck in unproductive patterns. What an honor and privilege to offer this work with my amazing herd! We have several programs yet this year - come and experience your own transformation!

Upcoming Group Programs:

Meditation Circle with Horses—June 23, July 21, August 18, Sept 15 6:00-7:30pm. Come to one or come to all—you choose! Spend time in quiet meditation surrounded by the horses in a spectacular natural setting as the sun sets. Horses invite us to slow down, be present and allow our intuition and the divine to guide us. Come check it out!

Self Care for the Professional Caregiver—

Joint Program with Eremos Consulting for those who care for others as a profession. Whether you are a health care worker, therapist, counselor, minister, life coach or other service provider, take a day to rejuvenate your soul with the horses. We are hosting 3 sessions here in Lyons July 13, Aug 20 and Sept 28 and 2 sessions at Happy Dog Ranch in Littleton on July 19 and Sept 13. Sign up now to reserve your spot—limited space available!

Academy for Coaching with Horses—I am an Approved Facilitator and am offering The Dance of Authenticity August 14-16 that offers experiential exercises with a goal of reaching higher levels of authenticity, presence, intuition and emotional intelligence through working directly with horses. You can continue with EFLC Level One August 18-21 to learn the art of coaching with Horses and to deepen your own leadership and presence. *This program is Approved by the*



National Association of Social Workers (Approval # 886798262-3994) for 29 continuing education contact hours.

Heart Speak: An Equine Grief Journey of Healing—

Joint Program with Halcyon Hospice & Palliative Care Grief Services—September 14. If you are grieving the loss of someone in your life, join us for a day of healing activities with non-judgmental, accepting horses who will hold your heart and emotions and allow you to be you.

Book an Individual Session by July 1, 2019 for a 20% discount! Good for Personal Retreats too!



Client Quotes

"This brought me back into my heart space. The ability of the horse to mirror our emotions and then move on that is hard to explain and really must be experienced."

"I learned to more present in new and surprising ways"



Individual Sessions **Always Available!**

Personal Retreat— We can create a personalized day based on your unique needs and longings with various activities with the horses designed to help you renew, discover and thrive!

Individual Coaching Session—

Explore a particular issue or question in your life with a Horse as guide and mirror. One client recently said, "I had no idea a horse could help me discover my voice and find my power in such a profound way."