

Spring Reflections

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Call Today for Information:
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www.dancingspirithorse.com

Spring is fully here—the grass is greening up, the horses are getting out more, the sun is up earlier and the days longer. The hummingbirds are back as are the Western Tanagers, Bullock's Orioles and Lazuli Buntings and our feeders are busy with activity. I love spring for the freshness, beauty and the renewal it offers as things start to come alive again after the winter snow and dreariness. The horses and I have lots happening—check it out! Come refresh, renew and find the beauty in your life!

Upcoming Group Programs:

Meditation Circle with Horses—June 23, July 21, August 18, Sept 15 6:00-7:30pm. Come to one or come to all—you choose! Spend time in quiet meditation surrounded by the horses in a spectacular natural setting as the sun sets. Horses invite us to slow down, be present and allow our intuition and the divine to guide us. Come check it out!

Academy for Coaching with Horses—I am

an Approved Facilitator and am offering The Dance of Authenticity August 14-16 that offers experiential exercises with a goal of reaching higher levels of authenticity, presence, intuition and emotional intelligence through working directly with horses. You can continue with EFLC Level One August 18-21 to learn the art of coaching with Horses and to deepen your own leadership and presence. *This program is Approved by the National Association of Social Workers (Approval # 886798262-3994) for 29 continuing education contact hours.*

Self Care for the Professional Caregiver—

Joint Program with Eremos Consulting for those who care for others as a profession. Whether you are a health care worker, therapist, counselor, minister, life coach or other service provider, take a day to rejuvenate your soul with the horses. Dates coming soon—keep watching the website for more information

Heart Speak: An Equine Grief Journey of Healing—Joint Program with Halcyon Hospice & Palliative Care Grief Services—

September 14. If you are grieving the loss of someone in your life, join us for a day of healing activities with non-judgmental, accepting horses who will hold your heart and emotions and allow you to be you.

Read the article about us in [Lyons Redstone Review](#)!

Book an Individual Session by June 1, 2019 for a 20% discount! Good for Personal Retreats too!



"Thanks again for the opportunity to learn so much from you and Sweetie! It was an incredible day and I hope to see you again." C.D.

"This was such a wonderful morning!!! Thanks Jackie!" J.T.



Individual Sessions!

Personal Retreat— We can create a personalized day based on your unique needs and longings with various activities with the horses designed to help you renew, discover and thrive!

Individual Coaching Session—

Explore a particular issue or question in your life with a Horse as guide and mirror. One client recently said, *"I had no idea a horse could help me discover my voice and find my power in such a profound way."*